

ADM Linz Sektion Schwimmen Julius Raab Straße 6-8, A - 4040 Linz ZVR: 464326280



SWIMMING

powered by

24th Int. McDonald's Multi-Stroke-Cup





in the Auhof Bath, Julius-Raab-Str. 10, A – 4040 Linz, AUSTRIA

Description of pool: 25m length, 5 lanes, wave-breaking lines; depth 1.25m - 1.80m; lane width 2.50m; water temperature 27 deg.; electronic timing by OMEGA

1st competition section, Jan. 18th, 2014 Start of warm-up: 8.00 a.m. Start of competition: 10.00 a.m.

- 01 200m Freestyle prelim. female 2000 and younger 02 200m Freestyle prelim. male 1998 and younger 03 200m Freestyle prelim. female 1998/1999
- 04 200m Freestyle prelim. male 1996/1997
- 05 200m Freestyle prelim. female 1997 and older
- 06 200m Freestyle prelim. male 1995 and older

2nd competition section, Jan. 18th, 2014 Start of warm-up: 12.30 a.m. Start of competition: 2.00 p.m.

- 07 100m Backstroke female
- 100m Backstroke male 80
- 09 4x50m Freestyle open female
- 10 4x50m Freestyle open male
- 11 100m Breaststroke female
- 12 100m Breaststroke male



(with the 5 fastest of event 2) (with the 5 fastest of event 3)

(with the 5 fastest of event 4)

(with the 5 fastest of event 5)

(with the 5 fastest of event 6)

3rd competition section, Jan. 18th, 2014 20 minutes warm-up after the end of section 2 2000 and younger (with the 5 fastest of event 1)

1998 and younger

1997 and older

1995 and older

13	Final 200m Freestyle female
14	Final 200m Freestyle male
15	Final 200m Freestyle female

- 1998/1999 16 Final 200m Freestyle male 1996/1997
- 17 Final 200m Freestyle female
- 18 Final 200m Freestyle male

4th competition section, Jan. 19th, 2014 Start of warm-up: 8.00 a.m. Start of competition: 9.00 a.m.

- 100m Butterfly female 19
- 20 100m Butterfly male
- 21 4x50m Ind. Medley 2000 and younger female
- 22 4x50m Ind. Medley 1998 and younger male
- 23 100m Freestyle female
- 24 100m Freestyle male

5th competition section, Jan. 19th, 2014 20 minutes warm-up after the end of section 4

25	100m Ind. Medley male	2003 and younger
26	100m Ind. Medley female	2003 and younger
27	100m Ind. Medley male	2002
28	100m Ind. Medley female	2002
29	100m Ind. Medley male	2001
30	100m Ind. Medley female	2001
31	100m Ind. Medley male	2000
32	100m Ind. Medley female	2000
33	100m Ind. Medley male	1999
34	100m Ind. Medley female	1999
35	100m Ind. Medley male	1998
36	100m Ind. Medley female	1998 and older
37	100m Ind. Medley male	1997 and older



Final entry date: 8th January, 2014 Entry address: MSECM Austria, Martin Heger, Rappetsederweg 1, A- 4040 Linz, @ events@msecm.at, Tel: + 43 (0)660 3760565

Entries should be sent electronically and can be done via Lenex, DSV or CIS-Online. Find all information online: http://www.msecm.at

Online entry:

http://www.msecm.at, contact person: Martin Heger (email: events@msecm.at)

Please note the discount of \in 0.50 per start for each electronic registration.





<u>General Conditions</u>: The competitions will be run according to OSV regulations and are open to all FINA clubs. We start according to the <u>one-start-rule</u>. <u>Lanes will be given</u> out regardless of age according to the times on the entry lists. The ruling FINA regulations for swimsuits habe to be observed!

Class division and scoring for all 100m events:

Femaleby year of birth for years 1999 - 2002, grouped for years 2003 and younger / 1998 and olderMaleby year of birth for years 1998 - 2002, grouped for years 2003 and younger / 1997 and older

Class division and scoring for 200m Freestyle events:

- Female grouped for EJC years 1998 and 1999 / 2000 and younger / 1997 and older
- Male grouped for EJC years 1996 and 1997 / 1998 and younger / 1995 and older
- **Multi-Stroke Scoring**: All swimmers will receive a total score (100m events only) after the 100m freestyle, divided by year of birth. Points will be added according to the FINA Short Course 1000-point table. The 5 best-placed male and female participants in each age-group qualify for the **100m Individual Medley Finals** (events 25-37).
- "Credit"-Rule: If a swimmer is disqualified in a 100m event (and only then), he/she gets the chance only once during the whole competition to swim once more this distance before the end of the competition section. The FINA-points for the time swum in this credit 100m event will count only for the multi-stroke scoring and for reaching the finals. Lanes will be given by the organization committee. A team official has to claim for the credit 100m event immediately after publication of the single events' results at the speaker's desk. Improvement of the multi-stroke cup record is not possible after taking advantage of the credit-rule.
- **Relays:** The Freestyle relays are open, the Ind. Medley relays are swum as Junior Relays (female: 2000 and younger, male: 1998 and younger)
- Team Scoring:The top 5 in the single 100m events receive from 5 to 1 point(s) for their team score
- but only the best participant of each club can get points! So the 15 points are divided
to 5 different teams. Double points are given for the relays: from 10 to 2.

Entry fee:single start 100mEUR 5,-200m FreestyleEUR 6,-relay startEUR 8,-Please note the discount of EUR 0.50 per start for each electronic registration.

Starting money should be paid in cash in the baths before the start of the competition or via banc transfer until the final entry date to the account of Union ADM Linz: IBAN = AT53 3400 0000 0599 6921; BIC = RZ00AT2L.

Awards and prizes:

The 3 best-placed in each discipline and age-group receive a medal. The 3 best-placed relay teams receive medals; additionally the winning teams receive non-cash prizes. Addition material prizes in the **HAPPY HEAD HEATS**!

The classified finalists (1-5) in the 100m Ind. Medley finals receive cash prizes:

General class women and men	EUR	70	50	40	20,-	10
15 (w/m) and 16 years (men)	EUR				20,-	
	-					
13 and 14 years	EUR	•	•	20,-	•	5,-
11 and 12 years	EUR	40,-	25,-	15,-	10,-	5,-

In addition, the fastest 3 from all	100m Ind.	Medley	finals receive:	
female and male each	EUR	333,-	222,-	111,-

EUR 50,- will be given to the winners of the 200m finals.

EUR 75,- will be given for improvement of cup best scores in the Multi-Stroke Scoring. Finally there will be given EUR 30,- for improvement of the Meeting records!





Accomodation: Hotel Sommerhaus	phone +43 732 2457 285, email: <u>hotel@studentenwerk.at</u> (The pool is in the same building as the Hotel Sommerhaus!)
Harry's Home	Donaufeldstraße 3, A-4040 Linz; phone +43 70 757500; email: <u>linz@harrys-home.com</u> <u>http://www.harrys-home.com</u>
Jugendgästehaus Linz	Stanglhofweg 3, A-4020 Linz; phone +43 70 664434; email: <u>jgh.linz@oejhv.or.at</u> http://www.jugendherbergsverband.at/herbergen/linz/

We will be again looking after you with a buffet throughout the competition, and there will be again the

SWIMMING sales stand of STS – Austria (<u>http://www.sts-austria.at</u>).

Additional information as well as the results of the last years you will find at our homepage <u>www.adm-swim.geocomp.at</u> - click the button "Mehrlagencup".

For organisational questions please contact: mehrlagencup@msecm.at

We are looking forward to you coming to Linz (spread the word around!) and wish you all the best. Union McDonald's ADM Schwimmen



Hans-Jörg Gramlinger e.h. (Head of Swimming Section) Helmut Pichler e.h. (Club President)

Union McDonald's Auhof-Dornach-Magdalena Linz, Sektion Schwimmen, Julius-Raab-Str. 8, A–4040 Linz ZVR: 464326280, <u>www.adm-swim.geocomp.at</u>

Qualifying times:

female	2003 and your	2002 nger	2001	2000	1999	1998 and older	
100m Rücken	1:38	1:34	1:28	1:25	1:21	1:19	
100m Brust	1:48	1:40	1:36	1:33	1:31	1:28	
100m Schmetterling	1:45	1:37	1:30	1:24	1:20	1:16	
100m Freistil	1:25	1:20	1:17	1:14	1:12	1:10	
male	2003	2002	2001	2000	1999	1998	1997
100m Rücken	<u>and your</u> 1:36	1:31	1:26	1:22	1:18	1:14	and older 1:11
			-		-		
100m Brust	1:47	1:39	1:34	1:29	1:26	1:23	1:19
100m Schmetterling	1:46	1:38	1:29	1:21	1:16	1:13	1:10
100m Freistil	1:25	1:19	1:15	1:11	1:07	1:04	1:01

Meeting records and cup best scores you will find at <u>http://www.msecm.at</u>.



